

With the goal of educating seniors about safety and security concerns that may affect their lives, we offer speakers on the following topics:

Fire Safety and You

Fire Prevention in the Home

Contact:

Moorhead - Rich Duysen, Fire Marshal,
218.299.5248 or
rich.duysen@ci.moorhead.mn.us

Fargo – Norman Scott, Fire Marshal,
701.241.1540, or nscott@cityoffargo.com

West Fargo – Roy Schatschneider, Fire
Chief, 108 1st St. W., West Fargo, ND
58078 701.433.5380

Personal Support

Support for Alzheimer's Patients and their Families

Contact: Gretchen Everson, Alzheimer's
Association, 4357 13th Ave. SW, Suite 203,
Fargo, ND 58103 701.277.9757 or
gretchen.everson@alz.org

MEDICINES MADE EASY Your guide
to using your prescriptions safely.

Contact: Marlowe D. Kro, AARP North
Dakota, 107 W. Main Ave. Ste 125,
Bismarck, ND 58501, 701-220-3833 or 701-
355-3643, or mkro@aarp.org.



Valley TRIAD is a non-profit, 501(c)(3)
organization
(2007)

Address: TRIAD, c/o Cass County Sheriff's
Department, 211 9th Street South, P.O. Box
2806, Fargo, ND 58108



Speakers Bureau

What is Valley TRIAD? Valley TRIAD is Cass and Clay County seniors, service agencies, and law enforcement working together to:

- Encourage cooperation between law enforcement and senior citizens
- Maintain a broad dialog on safety and security issues
- Work to reduce criminal victimization of senior citizens
- Be a link with senior members of the community.

Legal Issues

Guardianship & Conservatorship

Emergencies When a family member is in crisis, do you know what should be considered when seeking a guardianship or conservatorship?

Legal Documents - Where to Store Them

What is Elder Law? Understand what an Elder Law attorney does that a “regular” attorney may not. Find out how to locate an Elder Law attorney.

Contact: Brenda Rosten, Rosten Law Office, 701.364.0154 or Brenda@rostenlaw.com

Emergency Services

Automated External Defibrillator - Why It's Important to Know How to Use One

CPR Instruction

Basic First Aid

What to Do Before the Ambulance Arrives

A day in the life of an F-M Ambulance paramedic

Recognizing strokes and heart attacks

How to respond to seasonal injuries (heat, cold, drowning)

Anatomy of an ambulance call

Contact: Kristi Rasmussen, F-M Ambulance, 701.364.1759 or Kristi.Rasmussen@fmambulance.com

Protecting You and Your Community

How to avoid being a victim of identity theft

Frauds and Scams

Home Security Make your home safer with these basic, inexpensive ideas.

Personal Safety Precautions you can take to remain safe in a variety of situations

Illegal Drugs in our Community

SWAT (Special Weapons and Tactics)

Contact:

Moorhead: Detective Mike Detloff, Moorhead Police Department, 218.299.5122 or mike.detloff@ci.moorhead.mn.us

Fargo: Detective Paul Holte, Fargo Police Department, peholte@ci.fargo.nd.us

West Fargo: Gerald Boyer, West Fargo Police Department, 701.433.5500 or

Cass County: Deputy Sheriff Joe Crawford, Cass County Sheriff's Department, 701.241.5800 or crawfordj@casscountynd.gov

Clay County: Deputy Sheriff Mike Trygg, Clay County Sheriff's Office, 218.299.5151 or mike.trygg@co.clay.mn.us

Emergency Preparedness and Response

Contact:

Moorhead and Clay County: Lt. Matt Siiro, Clay County Sheriff's Office, 218.299.7357 or matt.siiro@co.clay.mn.us

Fargo: Kym Overland, Emergency Preparedness & Response Coordinator, 701.476.4066, koverland@cityoffargo.com

Water Rescue Find out how Valley Water Rescue responds to water-related incidents.

Contact: Peter Fendt, Valley Water Rescue, 3719 21st St. S. Fargo, ND 58104, 701.238.6392

Community Emergency Response Team Find out how you can be prepared to help yourself and others in the event of a disaster by becoming a member of a CERT team.

Contact: Sara Lepp, FirstLINK, 701.293-6462 or saral@myfirstlink.org

Other topics may be requested and we will do our best to assist you in locating a speaker.